Variable name/o	description:	Dataset:
ACHEPAIN	Q9: Ache/Pain in muscle/joint	SYMPTOMSP
ADVEV	Flag for presence of text in Q18 of old form	SYMPTOMSP
ADVEVENT	Q17:Old AE Flag:Have had MD visit, new med, hosp, dx test?	SYMPTOMSP
ADVEVREQ	Q19: Adverse Event Form Required?	SYMPTOMSP
	AdvEvReq	AEALLP
AE	Adverse Event Description	AEALLP
AECATEGORY	Adverse Event Category	AEALLP
AEROBICS	F18-Aerobics	PARP
AESOURCE	Source of AE	AEALLP
AFFECTBP	weight loss meds that raise BP	MEDFORMP
AGE_REL	F1: age when randomized	MASTERP
AGEGP	Age group for Fitness test	FITNESSP
AGESTART	how old when start smoking (yrs)	PTHISTP
AGESTOP	how old when stop smoking	PTHISTP
ALC	a-carotene(ug/dl)	LABP
ALCOHOL	F4: Avg Number Drinks Per Week?	MASTERP
ANGINAP	Have You Been Told You Have Angina?	AEALLP
	Q15F:In the last 3 mo have you been told by an MD you had angina pectoris?	SYMPTOMSP
ANGORBYP	Have You Been Told You Have Had Angioplasty or Bypass Surgery?	AEALLP
	Q15E:Have you had angioplasty or bypass surgery in last 3 mo?	SYMPTOMSP
ANTI_HTN_MED	meds that lower BP	MEDFORMP
ANTI_HTN_MEDS	meds that lower BP	EIGHTEENMBP
	meds that lower BP	TWELVEMBP
	meds that lower BP	THREEMBP
	meds that lower BP	SIXMBP
ANTIPSYC	anti-psychotic meds	MEDFORMP
APPETITE	Q1: Did you have poor appetite?	SYMPTOMSP
AVGDBP	Average Diastolic Blood Pressure (mmHG)	SIXMBP
	Average Diastolic Blood Pressure (mmHG)	EIGHTEENMBP
	Average Diastolic Blood Pressure (mmHG)	THREEMBP
	Average Diastolic Blood Pressure (mmHG)	TWELVEMBP
AVGSBP	Average Systolic Blood Pressure (mmHG)	SIXMBP

Variable name	e/description:	Dataset:
AVGSBP	Average Systolic Blood Pressure (mmHG)	THREEMBP
	Average Systolic Blood Pressure (mmHG)	EIGHTEENMBP
	Average Systolic Blood Pressure (mmHG)	TWELVEMBP
B12	B12 (Pg/mL)	LABP
BASEBALL	F18-Baseball	PARP
BEC	b-carotene(ug/dl)	LABP
BIKING	F18-Biking	PARP
BLOATING	Q5: Did you have bloating or excess gas?	SYMPTOMSP
BMI_REL	Overweight at Baseline or not	MASTERP
BOWLING	F18-Bowling	PARP
BP_ADJ	BP Adjudication Flag	THREEMBP
	BP Adjudication Flag	SIXMBP
	BP Adjudication Flag	TWELVEMBP
	BP Adjudication Flag	EIGHTEENMBP
BP_AVAIL18	=1 if 18M HTN status based on 18M data, =0 otherwise	HTNSTATUSP
BP_AVAIL6	=1 if 6M HTN status based on 6M data, =0 otherwise	HTNSTATUSP
BP_CAT18	18M BP categories (1=JNC VII Normal / JNC VI Optimal)	HTNSTATUSP
BP_CAT6	6M BP categories (1=JNC VII Normal / JNC VI Optimal)	HTNSTATUSP
BP_SF36	F23: SF-36 BODILY PAIN INDEX (0-100)	PSYCSOCALP
BPMED	blood pressure meds	MEDFORMP
BPMED_IV	blood pressure meds	MEDFORMP
BPMEDS	ever taken meds to control bp?	PTHISTP
BPMFLAG	Flag for BP data status	THREEMBP
	Flag for BP data status	TWELVEMBP
	Flag for BP data status	EIGHTEENMBP
	Flag for BP data status	SIXMBP
BREAD_SERV	breads, cereals, rice, and pasta: servings/day	FOODANALP
BREATHNG	Breathing meds not inhalers	MEDFORMP
BROKENB	Have You Been Told You Have Had A Broken Bone?	AEALLP
	Q15G: Have you had a broken bone in the last 3 mo?	SYMPTOMSP
BSD	brothers/sisters diabetes?	PTHISTP
BSHBP	brothers/sisters ever high blood press?	PTHISTP
BSKF	brothers/sisters kidney failure?	PTHISTP
BSKTBALL	F18-Basketball	PARP
CALCSUPP	calcium supplements	MEDFORMP
CANCER	Have You Been Told You Have Cancer?	AEALLP

Variable nam	e/description:	Dataset:
CANCER	Q15H: Have you had a new dx of cancer in the last 3 mo?	SYMPTOMSP
CBC	cis-b-carotene(ug/dl)	LABP
CCSKIING	F18-Cross-Country Skiing/Ski Machine	PARP
CD	children diabetes?	PTHISTP
CHBP	children ever high blood press?	PTHISTP
CHILDREN	any biological children?	PTHISTP
CIGAVE	on avg while smoking, how many cigs per day	PTHISTP
CKF	children kidney failure?	PTHISTP
CNOTE	cnote	NUTRIENTP
COHORT	Cohort	HTNSTATUSP
	Cohort	FOODANALP
	Cohort	LABP
	Cohort	PRIMARYP
	Cohort	INTVP
	COHORT	AEALLP
	Cohort	SUPPLEMENTP
	Cohort	RFOODGROUP
	Cohort	NUTRIENTP
	Cohort	MASTERP
	Cohort	FITNESSP
	Cohort	OUTCOMEP
	Cohort	CONTROLP
	Cohort	MEDFORMP
	Cohort	SYMPTOMSP
	Cohort	PTHISTP
	Cohort	SIXMBP
	Cohort	PARP
	Cohort	THREEMBP
	Cohort	TWELVEMBP
	Cohort	EIGHTEENMBP
	Cohort	PSYCSOCALP
CONSTI	Q3: Did you have constipation?	SYMPTOMSP
CRY	b-cryptoxanthin(ug/dl)	LABP
CURCR	Urinary Creatinine (g/24hr)	LABP
CURK	Urinary Potassium (mmol/24hr)	LABP
CURNA	Urinary Sodium (mmol/24hr)	LABP

Dataset: Variable name/description: **CURPH** Urinary Phosphorus (mg/24hr) LABP **CURUN** Urinary Urea Nitrogen (mg/24hr) LABP **CVISIT** Recall Sequence **RFOODGROUP** Recall Sequence NUTRIENTP SUPPLEMENTP Recall Sequence DAIRY_SERV milk, yogurt, and cheese: servings/day **FOODANALP DANCING** F18-Social Dancing PARP DASHDIET ever tried dash diet? **PTHISTP DBP** Average Diastolic Blood Pressure (mmHG) **OUTCOMEP** Average Diastolic Blood Pressure (mmHg) **PRIMARYP** DBP_BASE Baseline Diastolic BP (mmHG) OUTCOMEP DBP_CHANGE OUTCOMEP Diastolic BP change from baseline (mmHG) DBP_POST F26-Post-Exercise DBP **FITNESSP** DBP_PRE **FITNESSP** F26-Pre-Exercise DBP **FITNESSP** DBP_S1 F26-Stage 1 DBP DBP_S2 **FITNESSP** F26-Stage 2 DBP PARP **DHSKIING** F18-Downhill Skiing **DIABETES** Have You Been Told You Have Diabetes? **AEALLP** Q15k:In the last 3 mo have you been told by an MD that you have a new dx of diab **SYMPTOMSP DIARRHEA** Q2: Did you have diarrhea/loose stools? SYMPTOMSP **DIETCHG** Did the Participant Change Their Diet? **AEALLP DIFSLEEP** Q14: Did you have difficulty sleeping **SYMPTOMSP** DIZZY Q12: Did you have lightheadedness when standing up? SYMPTOMSP DOC HBP doctor said had high blood press **PTHISTP** DS Source of BP measurement **TWELVEMBP** Source of BP measurement **THREEMBP** Source of BP measurement SIXMBP Source of BP measurement **EIGHTEENMBP** EDU_REL F24: Education Level **PTHISTP** EMP_REL PTHISTP F24: employed full-time or not EX MED exclusionary meds at baseline **MEDFORMP MEDFORMP EXCLMEDS** oral steroids, oral breathing meds not inhalers EXCLMEDS_IV oral steroids, oral breathing meds not inhalers **MEDFORMP EXERCHG** Did the Participant Change Their Exercise Pattern? AEALLP INTVP **EXERDAYS** # Days of Exercise since last session **EXPL SYMPTOMSP** Flag for presence of text in Q16

Variable nam	ne/description:	Dataset:
F22_Q01	F4 & F22-Average number of alcohol drinks/Week	PSYCSOCALP
F22_Q01A	F4 & F22-How Often >= six drinks on one occasion	PSYCSOCALP
F23_Q01	F23-In general how is your health?	PSYCSOCALP
F23_Q02	F23-Compared to 4 wks ago how rate your health	PSYCSOCALP
F23_Q03A	F23-Does health limit you in vigorous activities	PSYCSOCALP
F23_Q03B	F23-Does health limit you in moderate activities	PSYCSOCALP
F23_Q03C	F23-Does health limit you in lifting or carrying groceries	PSYCSOCALP
F23_Q03D	F23-Does health limit you in climbing several flights of stairs	PSYCSOCALP
F23_Q03E	F23-Does health limit you in climbing one flight of stairs	PSYCSOCALP
F23_Q03F	F23-Does health limit you in bending, kneeling, or stooping	PSYCSOCALP
F23_Q03G	F23-Does health limit you in walking more than a mile	PSYCSOCALP
F23_Q03H	F23-Does health limit you in walking several blocks	PSYCSOCALP
F23_Q03I	F23-Does health limit you in walking one block	PSYCSOCALP
F23_Q03J	F23-Does health limit you in bathing or dressing yourself	PSYCSOCALP
F23_Q04A	F23-Past 4 wks cut down work or activity time due to physical hlth	PSYCSOCALP
F23_Q04B	F23-Past 4 wks accomplished less due to physical health	PSYCSOCALP
F23_Q04C	F23-Past 4 wks, limited in any work/activities due to physical hlth	PSYCSOCALP
F23_Q04D	F23-Past 4wks difficulty performing work/activities due to physical hlth	PSYCSOCALP
F23_Q05A	F23-Past 4 wks cut down work or activity time due to emotional hlth	PSYCSOCALP
F23_Q05B	F23-Past 4 wks accomplished less due to emotional health	PSYCSOCALP
F23_Q05C	F23-Past 4 wks not do work as carefully as usual due to emotional hlth	PSYCSOCALP
F23_Q06	F23-Past 4 wks extent physical/emotional problems interfered w/social	PSYCSOCALP
F23_Q07	F23-Past 4 wks How much bodily pain have you had	PSYCSOCALP
F23_Q08	F23-Past 4 wks How much did pain interefer w/ normal work/acitivities	PSYCSOCALP
F23_Q09A	F23-Past 4 wks How much time did you feel full of pep	PSYCSOCALP
F23_Q09B	F23-Past 4 wks How much time a very nervous person	PSYCSOCALP
F23_Q09C	F23-Past 4 wks How much time felt so down that nothing could cheer you	PSYCSOCALP
F23_Q09D	F23-Past 4 wks How much time felt calm and peaceful	PSYCSOCALP
F23_Q09E	F23-Past 4 wks How much time have a lot of energy	PSYCSOCALP
F23_Q09F	F23-Past 4 wks How much time have you felt downhearted/blue	PSYCSOCALP
F23_Q09G	F23-Past 4 wks How much time did you feel worn out	PSYCSOCALP
F23_Q09H	F23-Past 4 wks How much time have you been a happy person	PSYCSOCALP
F23_Q09I	F23-Past 4 wks How much time did you feel tired	PSYCSOCALP
F23_Q10	F23-Past 4 wks How much time phys/emot problems interfered with Social	PSYCSOCALP
F23_Q11A	F23-I seem to get sick easier than other people	PSYCSOCALP
F23_Q11B	F23-I am as healthy as anybody I know	PSYCSOCALP

Variable nam	ne/description:	Dataset:
F23_Q11C	F23-I expect my health to get worse	PSYCSOCALP
F23_Q11D	F23-My health is excellent	PSYCSOCALP
F25_Q01	F25-Lst month how often felt unable to control important things	PSYCSOCALP
F25_Q02	F25-Lst month how often felt confident w/ability handle personal probs	PSYCSOCALP
F25_Q03	F25-Lst month how often felt things going your way	PSYCSOCALP
F25_Q04	F25-Lst month how often felt difficulties piling up	PSYCSOCALP
F45_Q01	F45-Get up early, even on weekends to exercise	PSYCSOCALP
F45_Q02	F45-Exercise even after long, tiring day at work	PSYCSOCALP
F45_Q03	F45-Exercise even though feeling depressed	PSYCSOCALP
F45_Q04	F45-Set aside time for a physical activity program	PSYCSOCALP
F45_Q05	F45-Exercise with others even though too fast/slow	PSYCSOCALP
F45_Q06	F45-Stick with exercise program under stressful life change	PSYCSOCALP
F45_Q07	F45-Attend a party only after exercising	PSYCSOCALP
F45_Q08	F45-Stick w/ exercise when family demanding more time	PSYCSOCALP
F45_Q09	F45-Stick w/ exercise when household chores to do	PSYCSOCALP
F45_Q10	F45-Stick w/ exercise when excessive demands at work	PSYCSOCALP
F45_Q11	F45-Stick w/ exercise when time consumming social obligations	PSYCSOCALP
F45_Q12	F45-Read or study less to exercise more	PSYCSOCALP
F46_Q01	F46-Drink low or non-fat milk every day	PSYCSOCALP
F46_Q02	F46-Stick to low fat/salt foods when with friends	PSYCSOCALP
F46_Q03	F46-Cut down on gravies and cream sauces	PSYCSOCALP
F46_Q04	F46-Eat poultry and fish instead of red meat at dinner	PSYCSOCALP
F46_Q05	F46-Keep salt shaker off kitchen table	PSYCSOCALP
F46_Q06	F46-Stick to low fat/salt foods when high fat/salt foods avail	PSYCSOCALP
F46_Q07	F46-Eat smaller portions of food at a party	PSYCSOCALP
F46_Q08	F46-Eat fruit or vegetables for a snack	PSYCSOCALP
F46_Q09	F46-Cook smaller portions so no leftovers	PSYCSOCALP
F46_Q10	F46-Stick to low fat/salt when feel depressed/bored/tense	PSYCSOCALP
F46_Q11	F46-Eat fruit or drink fuit juice with breakfast	PSYCSOCALP
F46_Q12	F46-Avoid ordering red meat(beef,pork,lamb) at restaurant	PSYCSOCALP
F46_Q13	F46-Eat fruit or vegetables at every meal	PSYCSOCALP
F46_Q14	F46-Substitute low or non-fat milk for whole milk at breakfast	PSYCSOCALP
F46_Q15	F46-Eat salads for lunch	PSYCSOCALP
F46_Q16	F46-Eat smaller portions at dinner	PSYCSOCALP
F46_Q17	F46-Eat meatless entrees for dinner	PSYCSOCALP
F46_Q18	F46-Stick to low fat/salt foods when alone	PSYCSOCALP

Variable name	description:	Dataset:
F46_Q19	F46-Eat unsalted peanuts, chips, cracker, and pretzels	PSYCSOCALP
F46_Q20	F46-Stick to low fat/salt foods when only snack avail vend machine	PSYCSOCALP
F46_Q21	F46-Drink fruit juice instead of soda	PSYCSOCALP
F46_Q22	F46-Eat unsalted, unbuttered popcorn	PSYCSOCALP
F46_Q23	F46-Avoid adding salt at the table	PSYCSOCALP
F46_Q24	F46-Eat more vegetables at restaurants	PSYCSOCALP
F46_Q25	F46-Eat lunch as your main meal of the day	PSYCSOCALP
F46_Q26	F46-Eat yogurt, lowfat cottage cheese or lowfat cheese most days	PSYCSOCALP
F46_Q27	F46-Add less salt than the recipe calls for	PSYCSOCALP
F47_FA01	F47-Family refused to eat the same foods I eat	PSYCSOCALP
F47_FA02	F47-Family discussed my eating habit changes with me	PSYCSOCALP
F47_FA03	F47-Family reminded me to drink low or non-fat milk	PSYCSOCALP
F47_FA04	F47-Family brought home foods I'm trying not to eat	PSYCSOCALP
F47_FA05	F47-Family commented if I went back to my old eating habits	PSYCSOCALP
F47_FA06	F47-Family reminded me not to eat high fat/salt foods	PSYCSOCALP
F47_FA07	F47-Family got angry when encouraged to eat low fat/salt food	PSYCSOCALP
F47_FA08	F47-Family encourage me not to eat unhealthy foods	PSYCSOCALP
F47_FA09	F47-Family reminded me to eat fruits and vegetables	PSYCSOCALP
F47_FA10	F47-Family got angry when encouraged to eat fruit/vegetable	PSYCSOCALP
F47_FA11	F47-Family complimented me on changing my eating habits	PSYCSOCALP
F47_FA12	F47-Family offered me food I'm trying not to eat	PSYCSOCALP
F47_FA13	F47-Family got angry when encouraged to drink low/non-fat milk	PSYCSOCALP
F47_FA14	F47-Family ate high fat or high salt food in front of me	PSYCSOCALP
F47_FR01	F47-Friends refused to eat the same foods I eat	PSYCSOCALP
F47_FR02	F47-Friends discussed my eating habit changes with me	PSYCSOCALP
F47_FR03	F47-Friends reminded me to drink low or non-fat milk	PSYCSOCALP
F47_FR04	F47-Friends brought home foods I'm trying not to eat	PSYCSOCALP
F47_FR05	F47-Friends commented if I went back to my old eating habits	PSYCSOCALP
F47_FR06	F47-Friends reminded me not to eat high fat/salt foods	PSYCSOCALP
F47_FR07	F47-Friends got angry when encourage to eat low fat/salt food	PSYCSOCALP
F47_FR08	F47-Friends encourage me not to eat unhealthy foods	PSYCSOCALP
F47_FR09	F47-Friends reminded me to eat fruits and vegetables	PSYCSOCALP
F47_FR10	F47-Friends got angry when encouraged to eat fruit/vegetable	PSYCSOCALP
F47_FR11	F47-Friends complimented me on changing my eating habits	PSYCSOCALP
F47_FR12	F47-Friends offered me food I'm trying not to eat	PSYCSOCALP
F47_FR13	F47-Friends got angry when encourage to drink low/non-fat milk	PSYCSOCALP

Variable nam	ne/description:	Dataset:
F47_FR14	F47-Friends ate high fat or high salt food in front of me	PSYCSOCALP
F48_FA01	F48-Family exercised with me	PSYCSOCALP
F48_FA02	F48-Family offered to exercise with me	PSYCSOCALP
F48_FA03	F48-Family gave helpful reminders to exercise	PSYCSOCALP
F48_FA04	F48-Family gave encouragement to stick with exercise	PSYCSOCALP
F48_FA05	F48-Family changed schedule so we could exercise together	PSYCSOCALP
F48_FA06	F48-Family discussed exercise with me	PSYCSOCALP
F48_FA07	F48-Family complained about the time I spend exercising	PSYCSOCALP
F48_FA08	F48-Family criticized me or made fun of me for exercising	PSYCSOCALP
F48_FA09	F48-Family gave me rewards for exercising	PSYCSOCALP
F48_FA10	F48-Family planned for exercise on recreational outings	PSYCSOCALP
F48_FA11	F48-Family helped plan activities around my exercise	PSYCSOCALP
F48_FA12	F48-Family asked for ideas on how they can get more exercise	PSYCSOCALP
F48_FA13	F48-Family talked about how much they liked to exercise	PSYCSOCALP
F48_FR01	F48-Friend exercised with me	PSYCSOCALP
F48_FR02	F48-Friend offered to exercise with me	PSYCSOCALP
F48_FR03	F48-Friend gave helpful reminders to exercise	PSYCSOCALP
F48_FR04	F48-Friend gave encouragement to stick with exercise	PSYCSOCALP
F48_FR05	F48-Friend changed schedule so we could exercise together	PSYCSOCALP
F48_FR06	F48-Friend discussed exercise with me	PSYCSOCALP
F48_FR07	F48-Friend complained about the time I spend exercising	PSYCSOCALP
F48_FR08	F48-Friend criticized me or made fun of me for exercising	PSYCSOCALP
F48_FR09	F48-Friend gave me rewards for exercising	PSYCSOCALP
F48_FR10	F48-Friend planned for exercise on recreational outings	PSYCSOCALP
F48_FR11	F48-Friend helped plan activities around my exercise	PSYCSOCALP
F48_FR12	F48-Friend asked for ideas on how they can get more exercise	PSYCSOCALP
F48_FR13	F48-Friend talked about how much they liked to exercise	PSYCSOCALP
F49_Q01	F49-Right now I look like	PSYCSOCALP
F49_Q02	F49-I would like it best if I now looked like	PSYCSOCALP
FAT_SERV	fats and oils: servings/day	FOODANALP
FATIGUE	Q10:Did you have fatigue or low energy level?	SYMPTOMSP
FD	father diabetes?	PTHISTP
FDNAME	Food name	RFOODGROUP
FGCODE	Food group main group	RFOODGROUP
FHBP	father ever high blood press?	PTHISTP
FITCAT	Fitness Category	FITNESSP

Dataset: Variable name/description: **FITEST FITNESSP** Estimated Cardiorespiratory Fitness-max Heart Rate stage 2 FITT_AGE Age when doing Fitness test **FITNESSP** FKF father kidney failure? **PTHISTP** FLGMPH_18M flag: changed treadmill speed baseline vs. 18M **FITNESSP** flag: changed treadmill speed baseline vs. 6M FLGMPH_6M **FITNESSP FOLATE** Folate (ng/mL) LABP **FOODID** Food ID **RFOODGROUP** PARP **FOOTBALL** F18-Football **FORM** Form Number **SYMPTOMSP FRECCOMP** Food record completed **INTVP** INTVP **FRECDAYS** # Days of food records since last session FRUIT_SERV fruit: servings/day **FOODANALP** FRUIT_VEGE_SERV fruit and vege: servings/day*/ **FOODANALP FTOUT** F26-Fitness Test Outcome **FITNESSP FUPCONT** INTVP Follow-up contacts **GALLBLDR** Q15I: In the last 3 mo have you been told by an MD that you have a new dx of gal **SYMPTOMSP** Have You Been Told You Have Gallbladder Disease? **AEALLP GARDEN** PARP F18-Active Gardening GH_SF36 F23: SF-36 GENERAL HEALTH PERCEPTIONS (0-100) **PSYCSOCALP GLUCOSE** Glucose-fasting (mg/dL) LABP GOLF F18-Golf PARP GTC g-tocopherol(ug/dl) LABP H_R_10 F26- 10 Min. Heart Rate **FITNESSP** H_R_3 F26-3 Min. Heart Rate FITNESSP H R 4 F26- 4 Min. Heart Rate **FITNESSP** H_R_5 F26- 5 Min. Heart Rate **FITNESSP** H_R_6 F26- 6 Min. Heart Rate **FITNESSP** F26-7 Min. Heart Rate **FITNESSP** H R 7 H_R_8 F26-8 Min. Heart Rate **FITNESSP** same as FITEST unless no stage 2 HR then last HR will be used FITNESSP H_R_ANALYSIS maximum Heart Rate **FITNESSP** H R MAX **FITNESSP** H R MAXCNT Times reach maximum Heart Rate H_R_PMAX F26-Predicted Maximal Heart Rate (220-Age In Years) **FITNESSP** H_R_PMAX85 F26-85% Predicted Maximal Heart Rate **FITNESSP** H R POST F26-Post-Exercise Heart Rate **FITNESSP** H R PRE F26-Pre-Exercise Heart Rate **FITNESSP**

Dataset: Variable name/description: HANDBALL PARP F18-Handball **HAVEBORS** have any biol bros or sis? **PTHISTP** HDL HDL (mg/dL) LABP **HEADACHE** Q13: Did you have a headache? **SYMPTOMSP HEARTATK** Have You Been Told You Have Had A Heart Attack? **AEALLP** Q15A: In the last 3 mo have you been told ny an MD that you have had a heart att SYMPTOMSP **HEARTFLR** Have You Been Told You Have Had Heart Failure? **AEALLP** Q15D: In the last 3 mo have you beed told by an MD you had heart failure? SYMPTOMSP **HEIGHT** F3: Height (cm) **MASTERP HHCHORES** F18-Household Chores PARP HIBP **HTNSTATUSP** hypertensive at baseline (>=140/90) **HTNSTATUSP** HIBP_18M =1 if HTN at 18M, =0 otherwise HIBP_18M_R reason for 18M status **HTNSTATUSP** =1 if HTN at 6M, =0 otherwise HIBP_6M **HTNSTATUSP** HIBP_6M_R HTNSTATUSP reason for 6M status **HOMOCYST** Homocysteine (micro mols/L) LABP **HORMONES** hormone replacement therapy **MEDFORMP** HORMONES_IV **MEDFORMP** hormone replacement therapy **HOSPITAL** Was This Event a Hospitalization? **AEALLP HYPERLIP** 15J:In the last 3 mo have you beed told by an MD you had a new dx of hyperlipide SYMPTOMSP Have You Been Told You Have Hyperlipidemia? **AEALLP** I FOLSU Indicator, folate supp, 1=y,0=n **FOODANALP** I_VB12SU Indicator, vit b12 supp, 1=y,0=n **FOODANALP** I VB6SU **FOODANALP** Indicator, vit b6 supp, 1=y,0=n **IAMOUNT** Intake Amount NUTRIENTP **IMPUTE OUTCOMEP** flag for imputation status INC_REL F24: Total Household Income **PTHISTP** INSUL FA Insulin-fasting (micro IU/mL) LABP INSULIN **MEDFORMP** insulin or oral hypoglycemics INSULIN_IV MEDFORMP insulin or oral hypoglycemics **INTATTND** AEALLP Did the Participant Change Their Intervention Attendance? **INUMBER RFOODGROUP** food report item number, numbers each food consumed in order PTHISTP **IPHYSACT** tried increasing phys activity? **IRDACAT RDA Catagory** NUTRIENTP **RFOODGROUP IRELIABL** Intake Reliability NUTRIENTP Intake Reliability

Dataset: Variable name/description: **IRELIABL** SUPPLEMENTP Intake Reliability **JOGGING** PARP F18-Jogging Or Running KARATE F18-Karate/Other Martial Arts PARP **KCALKGDY** F18-Estimated Energy Expenditure (Kcal/Kg/day) **PARP** LDL LABP LDL(mg/dL) **LDLHDL** LDL/HDL ratio LABP LEGSWELL Q8: Did you have leg/ankle swelling? **SYMPTOMSP** LIPID_FLAG Flag for lipid medications LABP **LIPMED** lipid lowering meds **MEDFORMP** LIPMED_IV lipid lowering meds **MEDFORMP** LISTACT F18-List Activities Not Known How To Classify **PARP** LUZ lutein/zeaxanthin(ug/dl) LABP **LWEIGHT** tried to lose weight? **PTHISTP** LYC trans-lycopene(ug/dl) LABP **MARITAL PTHISTP** marital status MD **PTHISTP** mother diabetes? MEAT_SERV meat, poultry, fish, and eggs: servings/day **FOODANALP MEDFLAG EIGHTEENMBP** Flag for exclusionary meds Flag for exclusionary meds **MEDFORMP** Flag for exclusionary meds SIXMBP Flag for exclusionary meds **THREEMBP** Flag for exclusionary meds **TWELVEMBP MEDS** Source of Med form SIXMBP Source of Med form **THREEMBP** Source of Med form **EIGHTEENMBP** Source of Med form **MEDFORMP** Source of Med form **TWELVEMBP** MGURK Urinary Potassium (mg/24hr) LABP **MGURNA** Urinary Sodium (mg/24hr) LABP MH_SF36 F23: SF-36 MENTAL HEALTH INDEX (0-100) **PSYCSOCALP MHBP** mother ever high blood press? **PTHISTP** PARP MIN HARD minutes of hard exercise per week MIN_MOD PARP minutes of moderate exercise per week MIN_PAR_AIM minutes of moderate or harder exercise per week PARP PARP MIN VHARD minutes of very hard exercise per week **MINERALS MEDFORMP** minerals

Variable name	description:	Dataset:
MINUTE_LAST	minute when last Heart Rate recorded	FITNESSP
MINUTE_MAX	minute when maximum Heart Rate recorded	FITNESSP
MKF	mother kidney failure?	PTHISTP
MMHDL	HDL (mmol/L)	LABP
MMLDL	LDL (mmol/L)	LABP
MMTOTCHOL	Total Cholesterol (mmol/L)	LABP
MMTOTTRI	Total Blanked Triglycerides (mmol/L)	LABP
MMURCR	Urinary Creatinine (mmol/24hr)	LABP
MMURPH	Urinary Phosphorus (mmol/24hr)	LABP
MMURUN	Urinary Urea Nitrogen (mmol/24hr)	LABP
MMVLDL	VLDL (mmol/L)	LABP
MOFFICE	Was This Event a Non-Routine Medical Office Visit?	AEALLP
MOODSTAB	mood stabilizers	MEDFORMP
MORLACT	F18-More Or Less Active Than Usual	PARP
MPH_S1	F26-Stage 1 MPH	FITNESSP
MPH_S2	F26-Stage 2 MPH	FITNESSP
MSEQ	BP measurement sequence	SIXMBP
	BP measurement sequence	EIGHTEENMBP
N_AVG	number of measurements in BP average	PRIMARYP
NAUSEA	Q4: Did you have nausea or upset stomach?	SYMPTOMSP
NOTES	notes	SUPPLEMENTP
NUMSERV	Number of serving	RFOODGROUP
NUMTIMES	how many times take pain meds	MEDFORMP
NUTS_SERV	nuts, beans, and soy: servings/day	FOODANALP
ODIET	tried other special diet?	PTHISTP
ORALCONT	oral contraceptive pills	MEDFORMP
ORALCONT_IV	oral contraceptive pills	MEDFORMP
OTHER	Other Description of AE	AEALLP
OTHER1	F18-Other Activity 1	PARP
OTHER1D	F18-Desc Of Other Activity 1	PARP
OTHER2	F18-Other Activity 2	PARP
OTHER2D	F18-Desc Of Other Activity 2	PARP
OTHERINJ	Have You Been Told You Have Had A Serious Injury to the Muscle/Bone?	AEALLP
	15M: In the last 3 mo have you been told by an MD that you have had a significan	SYMPTOMSP
OTHERSYM	Q17: In the last month have you had any other symptoms not already noted?	SYMPTOMSP
	Have You Had Any Other Symptoms?	AEALLP

Dataset: Variable name/description: **OTHSYM** Flag for presence of text in Q18 **SYMPTOMSP PAINMEDS** pain meds in last month? MEDFORMP **PALPITAT** Q7: Did you have heart palpitations? SYMPTOMSP **PARCOMP** Physical Activity Record completed INTVP PF_SF36 F23: SF-36 PHYSICAL FUNCTIONING (0-100) **PSYCSOCALP PHYSACTI** Was This Event a Physical Activity-Related Injury? **AEALLP PLANNEDA** Planned Absence INTVP PROBPAR F18-Any Problems W/ 7-Day Par Interview PARP **PROBPARD** F18-Explanation Of Problems W/ 7-Day Par PARP PROSEQA Was This Event a Positive Rose-Angina Questionnaire? **AEALLP PTREASON** F37: Premature Termination Reason Code **MASTERP** RACE_REL **MASTERP** F1: African-American or not **RAEROBICS** F18-Rank Aerobics PARP **PTHISTP** RALCOHOL tried reducing alcohol intake? **RBASEBALL** F18-Rank Baseball **PARP RBIKING** PARP F18-Rank Biking RBOWLING F18-Rank Bowling **PARP** PARP **RBSKTBALL** F18-Rank Basketball F18-Rank Cross-Country Skiing PARP **RCCSKIING RDANCING** F18-Rank Social Dancing PARP **RDHSKIING** F18-Rank Downhill Skiing PARP RE_SF36 F23: SF-36 ROLE-EMOTIONAL (0-100) **PSYCSOCALP RECEIVED** Has the CC Received the AE Form? **AEALLP REFTOMD** Was the Participant Referred to Their Physician? AEALLP **REPTOIRB** Was the Event Reported to Your IRB? **AEALLP** RFOOTBALL F18-Rank Football PARP **RGARDEN** F18-Rank Gardening PARP **RGOLF** F18-Rank Golf PARP F18-Rank Handball PARP RHANDBALL **RHHCHORES** PARP F18-Rank Household Chores **RIACAR** Alpha-Carotene (provitamin A carotenoid) (mcg) NUTRIENTP **RIALAN** NUTRIENTP Alanine (g) **RIALC** FOODANALP Alcohol (g) Alcohol (g) NUTRIENTP Alcohol (g) **RFOODGROUP RIAPRO** Animal Protein (g) **FOODANALP**

Dataset: Variable name/description: Animal Protein (g) **RIAPRO** NUTRIENTP RFOODGROUP Animal Protein (g) RIARGI Arginine (g) NUTRIENTP **RIASH** Ash (g) NUTRIENTP **RIASPA** Aspartic Acid (g) NUTRIENTP RIASPT Aspartame (mg) NUTRIENTP **RIATC** Alpha-tocopherol (mg) NUTRIENTP Alpha-Tocopherol (mg) **RFOODGROUP** Beta-Carotene (provitamin A carotenoid)(mcg) **RIBCAR FOODANALP** Beta-Carotene (provitamin A carotenoid)(mcg) NUTRIENTP RIBCAR_SU Supp--Beta-Carotene (mcg) **FOODANALP** SUPPLEMENTP Supp--Beta-Carotene (mcg) **RIBCEQ** Beta-Carotene Equivalents (derived from provitamin A carotenoids) (mcg) **RFOODGROUP FOODANALP** Beta-Carotene Equivalents (mcg) NUTRIENTP Beta-Carotene Equivalents (mcg) **RIBCRY** Beta-Cryptoxanthin (provitamin A carotenoid)(mcg) NUTRIENTP **RIBTC** Beta-Tocopherol (mg) RFOODGROUP **FOODANALP** Beta-tocopherol (mg) NUTRIENTP Beta-tocopherol (mg) **RICA** Calcium (mg) **RFOODGROUP FOODANALP** Calcium (mg) Calcium (mg) NUTRIENTP RICA_CAL Calcium, mg/1000 calories **FOODANALP** RICA_SU SUPPLEMENTP Supp--Calcium (mg) Supp--Calcium (mg) **FOODANALP RICAF** Caffeine (mg) NUTRIENTP Caffeine (mg) **FOODANALP RICHOL** Cholesterol (mg) NUTRIENTP **RFOODGROUP** Cholesterol (mg) **FOODANALP** Cholesterol (mg) RICSI Cholesterol/Saturated Fatty Acid Indx **FOODANALP** Cholesterol/Saturated Fatty Acid Indx NUTRIENTP RICU NUTRIENTP Copper (mg) Copper (mg) **FOODANALP RFOODGROUP** Copper (mg) **FOODANALP** RICU_SU Supp--Copper (mg)

Dataset: Variable name/description: SUPPLEMENTP RICU_SU Supp--Copper (mg) **RICYST** Cystine (g) NUTRIENTP **RIDFIB** Total Dietary Fiber (g) **RFOODGROUP** Total Dietary Fiber (g) **FOODANALP** Total Dietary Fiber (g) NUTRIENTP RIDTC Delta-tocopherol (mg) NUTRIENTP Delta-Tocopherol (mg) **RFOODGROUP** RIF161T TRANS 16:1 (trans-hexadecenoic acid) (g) NUTRIENTP TRANS 16:1 (trans-hexadecenoic acid) (g) **FOODANALP** RIF181T TRANS 18:1 (trans-octadecenoic acid [elaidic acid]) (g) NUTRIENTP TRANS 18:1 (trans-octadecenoic acid [elaidic acid]) (g) **FOODANALP** RIF182T TRANS 18:2 (trans-octadecadienoic acid [linolelaidic acid]- incl. c-t, t-c, t-t) **FOODANALP** TRANS 18:2 (trans-octadecadienoic acid [linolelaidic acid]- incl. c-t, t-c, t-t) NUTRIENTP **RIFAT RFOODGROUP** Total Fat (g) NUTRIENTP Total Fat (g) **FOODANALP** Total Fat (g) **RIFE RFOODGROUP** Iron (mg) **FOODANALP** Iron (mg) NUTRIENTP Iron (mg) RIFE_SU Supp--Iron (mg) **FOODANALP** Supp--Iron (mg) SUPPLEMENTP **RIFOL** Folate (mcg) **RFOODGROUP FOODANALP** Folate (mcg) NUTRIENTP Folate (mcg) RIFOL SU Supp--Folate (mcg) SUPPLEMENTP Supp--Folate (mcg) **FOODANALP RIFRUC** Fructose (g) RFOODGROUP NUTRIENTP Fructose (g) **RIGALA** NUTRIENTP Galactose (g) RFOODGROUP Galactose (g) **RIGLUC** NUTRIENTP Glucose (g) **RFOODGROUP** Glucose (g) **RIGLUT** NUTRIENTP Glutamic Acid (g) **RIGLYC** Glycine (g) NUTRIENTP NUTRIENTP **RIGRAMS** Total Gram Amount of Food (g) **RFOODGROUP** Gram Amount (g)

Dataset: Variable name/description: **RIGTC** Gamma-tocopherol (mg) NUTRIENTP Gamma-Tocopherol (mg) RFOODGROUP RIHIST **NUTRIENTP** Histidine (g) **RIIFIB** Insoluble Dietary Fiber (g) NUTRIENTP Insoluble Dietary Fiber (g) RFOODGROUP Insoluble Dietary Fiber (g) **FOODANALP** RIISOL Isoleucine (g) NUTRIENTP RIK Potassium (mg) NUTRIENTP Potassium (mg) **RFOODGROUP** Potassium (mg) **FOODANALP** RIK_CAL Potassium, mg/1000 calories **FOODANALP** RIK_SU **FOODANALP** Supp--Potassium (mg) Supp--Potassium (mg) SUPPLEMENTP **RIKCAL FOODANALP** Energy (kcal) NUTRIENTP Energy (kcal) **RFOODGROUP** Energy (kilocalories) (kcal) NUTRIENTP **RILACT** Lactose (g) **RFOODGROUP** Lactose (g) NUTRIENTP **RILEUC** Leucine (g) **RILYCO** Lycopene (mcg) NUTRIENTP RILYSI NUTRIENTP Lysine (g) RILZ Lutein+Zeaxanthin (mcg) NUTRIENTP RILZ_SU Supp--Lutein+Zeaxanthin (mcg) **FOODANALP** SUPPLEMENTP Supp--Lutein+Zeaxanthin (mcg) MUFA 14:1 (myristoleic acid) (g) RIM14 1 NUTRIENTP RIM16_1 MUFA 16:1 (palmitoleic acid) (g) NUTRIENTP RIM18_1 MUFA 18:1 (oleic acid) (g) **NUTRIENTP** RIM20 1 MUFA 20:1 (gadoleic acid) (g) NUTRIENTP NUTRIENTP RIM22_1 MUFA 22:1 (erucic acid) (g) NUTRIENTP RIMALT Maltose (g) **RFOODGROUP** Maltose (g) NUTRIENTP RIMETH Methionine (g) **RIMFA** Total Monounsaturated Fatty Acids (MUFA) (g) **FOODANALP** Total Monounsaturated Fatty Acids (MUFA) (g) NUTRIENTP **RFOODGROUP** Total Monounsaturated Fatty Acids (MUFA) (g) NUTRIENTP RIMG Magnesium (mg)

Dataset: Variable name/description: RIMG Magnesium (mg) RFOODGROUP Magnesium (mg) **FOODANALP** RIMG_CAL Magnesium, mg/1000 calories **FOODANALP** RIMG_SU Supp--Magnesium (mg) **FOODANALP** SUPPLEMENTP Supp--Magnesium (mg) RIMH3 3-Methylhistidine (mg) NUTRIENTP RINA Sodium (mg) NUTRIENTP Sodium (mg) **FOODANALP** Sodium (mg) **RFOODGROUP** RINA_CAL Sodium, mg/1000 calories **FOODANALP** RINA_SU Supp--Sodium (mg) SUPPLEMENTP **FOODANALP** Supp--Sodium (mg) **RINIA** Niacin (vitamin B3) (mg) NUTRIENTP **RFOODGROUP** Niacin (vitamin B3) (mg) **FOODANALP** Niacin (vitamin B3) (mg) RINIA_SU **FOODANALP** Supp--Niacin (vitamin B3) (mg) SUPPLEMENTP Supp--Niacin (vitamin B3) (mg) NUTRIENTP **RIOXAL** Oxalic Acid (mg) RIP **FOODANALP** Phosphorus (mg) Phosphorus (mg) NUTRIENTP RFOODGROUP Phosphorus (mg) RIP_CAL Phosphorus, mg/1000 calories **FOODANALP** RIP_SU Supp--Phosphorus (mg) **FOODANALP** SUPPLEMENTP Supp--Phosphorus (mg) RIP18 2 PUFA 18:2 (linoleic acid) (g) NUTRIENTP RIP18_3 PUFA 18:3 (linolenic acid) (g) NUTRIENTP RIP18_4 PUFA 18:4 (parinaric acid) (g) NUTRIENTP RIP20 4 PUFA 20:4 (arachidonic acid) (g) NUTRIENTP RIP20_5 NUTRIENTP PUFA 20:5 (eicosapentaenoic acid [EPA]) (g) RIP22_5 NUTRIENTP PUFA 22:5 (docosapentaenoic acid [DPA]) (g) PUFA 22:6 (docosahexaenoic acid [DHA]) (g) NUTRIENTP **RIP22 6** NUTRIENTP **RIPANT** Pantothenic acid (mg) RFOODGROUP Pantothenic Acid (mg) RIPANT_SU Supp--Pantothenic acid (mg) **FOODANALP** SUPPLEMENTP Supp--Pantothenic acid (mg) FOODANALP **RIPCTALC** % calories from alcohol

Dataset: Variable name/description: **RIPCTALC** % calories from alcohol NUTRIENTP **RIPCTCHO** % calories from carbohydrate NUTRIENTP % calories from carbohydrate **FOODANALP RIPCTFAT** % calories from fat NUTRIENTP % calories from fat **FOODANALP RIPCTMFA** % calories from MUFA NUTRIENTP % calories from MUFA **FOODANALP RIPCTPFA** % calories from PUFA NUTRIENTP % calories from PUFA **FOODANALP RIPCTPRO** % calories from protein NUTRIENTP % calories from protein **FOODANALP** % calories from SFA NUTRIENTP **RIPCTSFA** % calories from SFA **FOODANALP RIPECT** Pectins (g) **RFOODGROUP** NUTRIENTP Pectins (g) **RIPFA** Total Polyunsaturated Fatty Acids (PUFA) (g) **FOODANALP** Total Polyunsaturated Fatty Acids (PUFA) (g) **RFOODGROUP** NUTRIENTP Total Polyunsaturated Fatty Acids (PUFA) (g) NUTRIENTP **RIPHEN** Phenylalanine (g) **RIPHYT** Phytic Acid (mg) NUTRIENTP **RIPRO** Total Protein (g) **FOODANALP** Total Protein (g) NUTRIENTP Total Protein (g) **RFOODGROUP RIPROL** NUTRIENTP Proline (g) **RIPS** Polyunsaturated to Saturated Fat Ratio **FOODANALP** Polyunsaturated to Saturated Fat Ratio NUTRIENTP **RIRIB** Riboflavin (vitamin B2) (mg) **FOODANALP** Riboflavin (vitamin B2) (mg) **RFOODGROUP** NUTRIENTP Riboflavin (vitamin B2) (mg) RIRIB_SU FOODANALP Supp--Riboflavin (vitamin B2) (mg) Supp--Riboflavin (vitamin B2) (mg) SUPPLEMENTP **RIRL** NUTRIENTP Retinol (mcg) RFOODGROUP Retinol (mcg) RIS04_0 SFA 4:0 (butyric acid) (g) NUTRIENTP NUTRIENTP RIS06 0 SFA 6:0 (caproic acid) (g) NUTRIENTP RIS08 0 SFA 8:0 (caprylic acid) (g)

Dataset: Variable name/description: RIS10 0 SFA 10:0 (capric acid) (g) NUTRIENTP RIS12_0 SFA 12:0 (lauric acid) (g) NUTRIENTP RIS14_0 SFA 14:0 (myristic acid) (g) **NUTRIENTP** RIS16_0 SFA 16:0 (palmitic acid) (g) NUTRIENTP RIS17_0 SFA 17:0 (margaric acid) (g) NUTRIENTP RIS18_0 SFA 18:0 (stearic acid) (g) NUTRIENTP RIS20_0 SFA 20:0 (arachidic acid) (g) NUTRIENTP RIS22_0 SFA 22:0 (behenic acid) (g) NUTRIENTP RISACC Saccharin (mg) NUTRIENTP **RISE** Selenium (mcg) NUTRIENTP **RFOODGROUP** Selenium (mcg) Selenium (mcg) **FOODANALP** RISE_SU Supp--Selenium (mcg) **FOODANALP** Supp--Selenium (mcg) SUPPLEMENTP **RISERI** Serine (g) NUTRIENTP **RISFA** Total Saturated Fatty Acids (SFA) (g) **RFOODGROUP** NUTRIENTP Total Saturated Fatty Acids (SFA) (g) Total Saturated Fatty Acids (SFA) (g) **FOODANALP RISP** Sucrose polyester (g) NUTRIENTP **RISTAR** Starch (g) **RFOODGROUP** NUTRIENTP Starch (g) **RISUCR** Sucrose (g) **RFOODGROUP** NUTRIENTP Sucrose (g) **RITCHO RFOODGROUP** Total Carbohydrate (g) Total Carbohydrate (g) **FOODANALP** Total Carbohydrate (g) NUTRIENTP RITHI Thiamin (vitamin B1) (mg) **RFOODGROUP** Thiamin (vitamin B1) (mg) **FOODANALP** NUTRIENTP Thiamin (vitamin B1) (mg) RITHI_SU Supp--Thiamin (vitamin B1) (mg) **FOODANALP** Supp--Thiamin (vitamin B1) (mg) SUPPLEMENTP **RITHRE** NUTRIENTP Threonine (g) **RITRYP** NUTRIENTP Tryptophan (g) RITTC Total Vitamin E Activity (total alpha-tocopherol equivalents) (mg) **RFOODGROUP** NUTRIENTP Total Vitamin E Activity (total alpha-tocopherol equivalents) (mg) Total Vitamin E Activity (total alpha-tocopherol equivalents) (mg) **FOODANALP**

Variable nam	e/description:	Dataset:
RITTC_SU	SuppTotal Vitamin E Activity (mg)	FOODANALP
	SuppTotal Vitamin E Activity (mg)	SUPPLEMENTP
RITTFA	Total Trans-fatty acids (TRANS) (g)	RFOODGROUP
	Total Trans-Fatty Acids (TRANS) (g)	FOODANALP
	Total Trans-Fatty Acids (TRANS) (g)	NUTRIENTP
RITYRO	Tyrosine(g)	NUTRIENTP
RIVA	Total Vitamin A Activity (Int'l Units) (IU)	FOODANALP
	Total Vitamin A Activity (Int'l Units) (IU)	NUTRIENTP
	Total Vitamin A Activity (International Units) (IU)	RFOODGROUP
RIVA_SU	SuppTotal Vitamin A Activity (Int'l Units) (IU)	FOODANALP
	SuppTotal Vitamin A Activity (Int'l Units) (IU)	SUPPLEMENTP
RIVALI	Valine (g)	NUTRIENTP
RIVARE	Total Vitamin A Activity (Retinol Eqv.) (mcg)	FOODANALP
	Total Vitamin A Activity (Retinol Eqv.) (mcg)	NUTRIENTP
	Total Vitamin A Activity (Retinol Equivalents) (mcg)	RFOODGROUP
RIVARE_SU	SuppTotal Vitamin A Activity (mcg)	SUPPLEMENTP
	SuppTotal Vitamin A Activity (mcg)	FOODANALP
RIVB12	Vitamin B-12 (cobalamine) (mcg)	NUTRIENTP
	Vitamin B-12 (cobalamine) (mcg)	FOODANALP
	Vitamin B12 (cobalamin) (mcg)	RFOODGROUP
RIVB12_SU	SuppVitamin B-12 (cobalamine) (mcg)	FOODANALP
	SuppVitamin B-12 (cobalamine) (mcg)	SUPPLEMENTP
RIVB6	Vitamin B6 (pyridoxine, pyridoxyl, and pyridoxamine) (mg)	RFOODGROUP
	Vitamin B-6 (pyridoxine, pyridoxyl, and pyridoxamine) (mg)	NUTRIENTP
	Vitamin B-6 (pyridoxine, pyridoxyl, and pyridoxamine) (mg)	FOODANALP
RIVB6_SU	SuppVitamin B-6 (mg)	FOODANALP
	SuppVitamin B-6 (mg)	SUPPLEMENTP
RIVC	Vitamin C (ascorbic acid) (mg)	FOODANALP
	Vitamin C (ascorbic acid) (mg)	NUTRIENTP
	Vitamin C (ascorbic acid) (mg)	RFOODGROUP
RIVC_SU	SuppVitamin C (ascorbic acid) (mg)	SUPPLEMENTP
	SuppVitamin C (ascorbic acid) (mg)	FOODANALP
RIVD	Vitamin D (calciferol) (mcg)	NUTRIENTP
	Vitamin D (calciferol) (mcg)	FOODANALP
	Vitamin D (calciferol) (mcg)	RFOODGROUP
RIVD_SU	SuppVitamin D (calciferol) (mcg)	SUPPLEMENTP

Dataset: Variable name/description: RIVD SU FOODANALP Supp--Vitamin D (calciferol) (mcg) RIVK RFOODGROUP Vitamin K (phylloquinone) (mcg) Vitamin K (phylloquinone) (mcg) NUTRIENTP RIVK_SU Supp--Vitamin K (mcg) **FOODANALP** SUPPLEMENTP Supp--Vitamin K (mcg) **RIVPRO** Vegetable Protein (g) **FOODANALP** Vegetable Protein (g) **RFOODGROUP** Vegetable Protein (g) NUTRIENTP RIW Water content of foods eaten in grams (g) NUTRIENTP **RIWSDF** Soluble Dietary Fiber (g) **FOODANALP** Soluble Dietary Fiber (g) **RFOODGROUP** Soluble Dietary Fiber (g) NUTRIENTP **RIZN** Zinc (mg) NUTRIENTP Zinc (mg) RFOODGROUP **FOODANALP** Zinc (mg) RIZN_SU Supp--Zinc (mg) SUPPLEMENTP **FOODANALP** Supp--Zinc (mg) **RJOGGING** PARP F18-Rank Jogging **RKARATE** F18-Rank Karate/Other Martial Arts PARP ROTHER1 F18-Rank Other Activity 1 PARP PARP ROTHER2 F18-Rank Other Activity 2 **ROWING** F18-Rowing PARP RP_SF36 F23: SF-36 ROLE-PHYSICAL (0-100) **PSYCSOCALP** RPE_S1 F26-Stage 1 Rating of Perceived Exertion **FITNESSP** RPE S2 F26-Stage 2 Rating of Perceived Exertion **FITNESSP RPL** retinyl palmitate(ug/dl) LABP **RROWING** F18-Rank Rowing PARP **RSOCCER** F18-Rank Soccer PARP **RSODIUM** tried to reduce sodium? **PTHISTP** RST LABP retinyl stearate(ug/dl) **RSTAIRS** F18-Rank Stairs PARP RSTRETCH PARP F18-Rank Stretching PTHISTP **RSTRKHA** relatives with stroke or ht attack before 60? **RSWIMMING** F18-Rank Swimming PARP RTAICHI PARP F18-Rank Tai Chi PARP **RTENNIS** F18-Rank Tennis Or Badmiton

Variable name/d	lescription:	Dataset:
RVBALL	F18-Rank Volley Ball	PARP
RWALKING	F18-Rank Walking	PARP
RWATERSKI	F18-Rank Waterski	PARP
RWEIGHTT	F18-Rank Weight Training	PARP
RYARDWORK	F18-Rank Active Yard Work	PARP
SATTEND	Attended Session	INTVP
	Attended Session	CONTROLP
SBP	Average Systolic Blood Pressure (mmHG)	OUTCOMEP
	Average Systolic Blood Pressure (mmHg)	PRIMARYP
SBP_BASE	Baseline Systolic BP (mmHG)	OUTCOMEP
SBP_CHANGE	Systolic BP change from baseline (mmHG)	OUTCOMEP
SBP_POST	F26-Post-Exercise SBP	FITNESSP
SBP_PRE	F26-Pre-Exercise SBP	FITNESSP
SBP_S1	F26-Stage 1 SBP	FITNESSP
SBP_S2	F26-Stage 2 SBP	FITNESSP
SDESCRIPTION	Session Description	CONTROLP
SEX	F1: Sex Of Participant	MASTERP
SF_SF36	F23: SF-36 SOCIAL FUNCTIONING (0-100)	PSYCSOCALP
SGNAME	Sub group name	RFOODGROUP
SMOKE100	smoked 100 cigs in life	PTHISTP
SMOKENOW	do you smoke cigs now?	PTHISTP
SNAME	Session Name	CONTROLP
SOCCER	F18-Soccer	PARP
SPEQUIP	F18-How Often Used Special Exercise Equip	PARP
SPHASE	Session phase	INTVP
SSEQ	Session Sequence	CONTROLP
	Session sequence	INTVP
STAIRS	F18-Stair Climbing For Exercise	PARP
STARTBPM	Did the Participant Start BP Meds?	AEALLP
STEROID	steroid or corticosteroid pills	MEDFORMP
STRETCH	F18-Stretching	PARP
STROKE	Q15B:In the last 3 mo have you been told by an MD that you have had a stroke?	SYMPTOMSP
	Have You Been Told You Have Had A Stroke?	AEALLP
STUDY_ID	Participant ID	CONTROLP
	Participant ID	TWELVEMBP
	Participant ID	SYMPTOMSP

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Variable name	/description:	Dataset:
STUDY_ID	Participant ID	THREEMBP
	Participant ID	FITNESSP
	Participant ID	EIGHTEENMBP
	Participant ID	INTVP
	Participant ID	FOODANALP
	Participant ID	HTNSTATUSP
	Participant ID	AEALLP
	Participant ID	LABP
	Participant ID	MASTERP
	Participant ID	MEDFORMP
	Participant ID	NUTRIENTP
	Participant ID	OUTCOMEP
	Participant ID	PARP
	Participant ID	SUPPLEMENTP
	Participant ID	PRIMARYP
	Participant ID	PSYCSOCALP
	Participant ID	PTHISTP
	Participant ID	RFOODGROUP
	Participant ID	SIXMBP
SUBGRP	Food group sub group	RFOODGROUP
SUPPS	Supplements taken	SUPPLEMENTP
SVGSZ	Serving size	RFOODGROUP
SWEET_SERV	sweets: servings/day	FOODANALP
SWIMMING	F18-Swimming	PARP
TAICHI	F18-Tai Chi	PARP
TENNIS	F18-Tennis Or Badmiton	PARP
THIRST	Q11: Did you have excessive thirst?	SYMPTOMSP
TIA	Have You Been Told You Have Had a TIA?	AEALLP
	Q15C:In the last 3 mo have you been told by an MD that you have had a TIA?	SYMPTOMSP
TORNLIG	Have You Been Told You Have Had A Torn Ligament?	AEALLP
	Q15L:In the last 3 mo have you been told by an MD that you have had a torn ligam	SYMPTOMSP
TOTCHOL	Total Cholesterol (mg/dL)	LABP
TOTTRI	Total Blanked Triglycerides (mg/dL)	LABP
TVOL	Total Urine Volume (ml)	LABP
TX	Treatment code	FOODANALP
	Treatment code	PTHISTP

Dataset: Variable name/description: SUPPLEMENTP TX Treatment code SIXMBP Treatment code THREEMBP Treatment code Treatment code INTVP **Treatment Code** SYMPTOMSP **RFOODGROUP** Treatment code Treatment code CONTROLP HTNSTATUSP Treatment code Treatment code **EIGHTEENMBP** Treatment code **PRIMARYP** Treatment code NUTRIENTP Treatment code **PSYCSOCALP** Treatment code **MASTERP** Treatment code OUTCOMEP **AEALLP** Treatment Group Treatment code LABP Treatment code **TWELVEMBP FITNESSP** Treatment code Treatment code **MEDFORMP** Treatment code **PARP TYPICALW** PARP F18-Typical Week Of Activities VALIDPAR F18-Valid Par Interview **PARP VBALL** F18-Volley Ball **PARP** VEGE_SERV vegetables: servings/day **FOODANALP** VIA retinol(ug/dl) LABP VIE a-tocopherol(ug/dl) LABP **VIGACT** F18-Usual Week How Often Vigorous Activity 20 Min. **PARP** VISIT Visit **NUTRIENTP** PARP Visit Visit **MEDFORMP** Visit **OUTCOMEP** Visit LABP VISIT EIGHTEENMBP Visit **SYMPTOMSP RFOODGROUP** Visit VISIT SIXMBP

Dataset: Variable name/description: VISIT **FITNESSP** Visit Visit **PSYCSOCALP** Visit AEALLP Visit SUPPLEMENTP VISIT **TWELVEMBP** Visit **PRIMARYP** visit **THREEMBP** Visit **FOODANALP VITAMINS** vitamins **MEDFORMP VLDL** VLDL (mg/dL) LABP VT_SF36 F23: SF-36 VITALITY (0-100) **PSYCSOCALP** WALKING PARP F18-Walking WATERSKI F18-Waterski **PARP** WCIRC_BASE **OUTCOMEP** Baseline waist circumference (cm) WCIRC_CHANGE OUTCOMEP Waist Circumference change from baseline (cm) WCIRCUM PRIMARYP Waist Circumference (cm) **OUTCOMEP** Waist Circumference (cm) WEIGHT_BASE F60: Baseline Weight (kg) **MASTERP** PARP WEIGHTT F18-Weight Training WHEEZE Q6:Did you have wheezing or difficulty breathing? **SYMPTOMSP** WLMAFT_IV weight loss meds that raise BP **MEDFORMP** WLMNOAFT_IV weight loss meds **MEDFORMP** WLOSSMED weight loss meds **MEDFORMP** WT_BASE **OUTCOMEP** Baseline weight (lbs) WT CHANGE Weight change from baseline (lbs) **OUTCOMEP WTPOUNDS** Weight(lbs) INTVP Weight (lbs) **PRIMARYP** Weight (lbs) **OUTCOMEP XGURK** Urinary Potassium (mg/g creatinine) LABP **XGURNA** LABP Urinary Sodium (mg/g creatinine) **XMURPH** Urinary Phosphorus (mmol/g creatinine) LABP **XMURUN** Urinary Urea Nitrogen (mmol/g creatinine) LABP **XURK** LABP Urinary Potassium (mmol/g creatinine) **XURNA** Urinary Sodium (mmol/g creatinine) LABP **XURPH** Urinary Phosphorus (mg/g creatinine) LABP **XURUN** Urinary Urea Nitrogen (mg/g creatinine) LABP

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Variable name/d	lescription:	Dataset:
YARDWORK	F18-Active Yard Work	PARP